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### **AHRENS RETURNS AS BLAST'S HEAD COACH**

**Holland, MI**— Tom Moore, General Manager of the Holland Blast, announced today that Michael D. Ahrens would return as Head Coach for the 2008 season.

“I am delighted to make this announcement today,” said Moore. “Coach Ahrens and I go back to my beginnings in professional sports and I have always admired him for his professionalism, his interpersonal skills, and his ability to build a winning team. This is a fine addition to the Holland Blast.”

Ahrens, a native of Manchester, Michigan, has a. He graduated from Eastern Michigan University ('74). His background includes coaching at the following high schools: Cass City, Onaway, Central Montcalm, Muskegon Catholic Central and Orchard View. Ahrens has served as an assistant coach at Adrian College and was head coach at Jordan College.

From 1990 through 1998, the Grand Rapids HOOPS (CBA) provided valuable experience for Ahrens in evaluating players for the CBA draft at Free Agent Camps. The annual Muskegon Post Player Camp under the direction of Ahrens has attracted more than 300 players from Michigan and Ohio in the last eight years.

In the IBL, Ahrens has served as an Assistant Coach for the Grand Rapids Flight, and Head Coach of the Holland Blast in their 2006 inaugural season.

“I am excited to come back and lead the Blast again,” said Ahrens. “I have watched the ownership group and I want to be part of this team. I am proud to be associated with the Blast because of the commitment they have demonstrated to the community. It is exciting to be returning.”